



St. John Ambulance  
**SAVING LIVES**  
at work, home and play

# Suspect an opioid poisoning?

Perform a scene survey to make sure the area is safe, and then perform the **SAVE ME** steps:



## S - Stimulate

Shout their name, tap their foot and call 911.



## A - Airway

Put on your gloves and open their airway. Tilt the casualty's head up by placing one hand on their forehead and then lifting on their chin with your other hand.



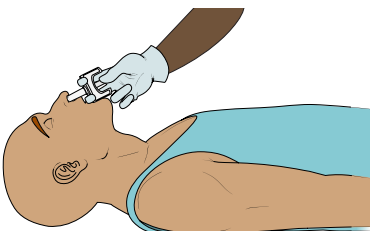
## V - Ventilate

Using your face shield, deliver 1 breath every 5 seconds, ensuring the chest rises, for a total of 5 breaths.



## E - Evaluate

Are these steps helping? Is the casualty waking up?



## M - Medication

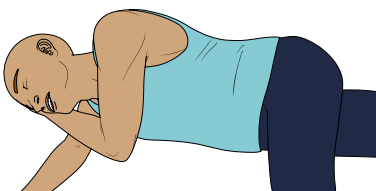
If they are not waking up, administer a dose of nasal naloxone if you are trained. Begin CPR for the next 2-3 minutes.



## E - Evaluate Again

A) If the casualty begins breathing, place them in the recovery position and continue to watch them closely until EMS arrive.

B) If there is no response, continue CPR. Naloxone should work within 2-3 minutes. If it does not, deliver another dose of naloxone and continue CPR.



When the casualty begins breathing, place them in the recovery position and continue to watch them closely until EMS arrive.

Naloxone temporarily reverses the effects of an opioid poisoning. Administer more naloxone should they slip back into an opioid poisoning event before EMS arrive. Naloxone will wear off within 20-40 mins. Keep observing the casualty for poisoning symptoms.